



**SAINT JOSEPH'S UNIVERSITY
WOMEN'S TRACK AND FIELD
& CROSS COUNTRY
RECORD BOOK**

SAINT JOSEPH'S HAWKS

WOMEN'S TRACK AND FIELD AND CROSS COUNTRY RECORD BOOK



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QUICK FACTS

The University

Location Philadelphia, Pa. (19131)
 Founded 1851
 Enrollment 4,688
 Denomination Roman Catholic (Jesuit)
 Nickname Hawks
 Colors Crimson and Gray
 Athletic Affiliation NCAA Division I
 Conference Atlantic 10
 Home Course .. Sweeney Field/Fairmount Park/Kevin Quinn '62 Track

The Team

Head Coach Melody O'Reilly (Arkansas '89)
 4th Year in 2018-19
 Assistant Coach Teddy Meyers (Saint Joseph's '07)
 4th Year in 2018-19
 Women's Cross Country and Track and Field Office .. 610-660-1731
 2018 Cross Country Letterwinners Returning/Lost 23/6
 2018 Newcomers 12
 2017 Atlantic 10 Cross Country Championship Finish 10th
 2017 NCAA Mid-Atlantic Regional Championship Finish 13th
 2017 ECAC Cross Country Championship Finish 5th
 2018-19 Track and Field Letterwinners Returning/Lost ... 38/13
 2018-19 Newcomers 15
 2017-18 Atlantic 10 Indoor Track Championships Finish . . . 9th
 2017-18 Atlantic 10 Outdoor Track Championships Finish ... 7th

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CREDITS

The Saint Joseph's University Women's Track and Field and Cross Country Record Book was written and edited by Nikki Philpot. Editorial assistance provided by Marie Wozniak, Jack Jumper, Joe Greenwich, and Kevin Quinn. Photography provided by the Atlantic 10 Conference, Tom Connelly, Brian Crilly, Sideline Photos, LLC, and SJU Athletic Communications.

Updated: March 6, 2019



SWEENEY FIELD

Sweeney Field, formerly known as Finnesey Field, has been home to 10 different varsity squads at Saint Joseph's University in over 80 years of use. SJU utilizes the track, to be named the Kevin Quinn Track in a formal dedication in Spring 2017, for training. Opened in 1929 as home to the SJU football squad, the pitch is the current home for varsity men's and women's soccer and lacrosse.

The field was renamed Sweeney Field in Fall 2013 upon completion of an extensive expansion project. The new name recognizes the contributions of Sean S. Sweeney '94 (MBA), a member of the University's Board of Trustees and the lead benefactor to the renovation project. Sweeney Field was blessed in conjunction with Hawktoberfest on October 12, 2013 while a formal dedication was held on April 5, 2014.

The current expansion includes the addition of 1,200 permanent seats to the hillside nearest to the University's iconic Barbelin Hall as well as the addition of 1,100 portable seats on the opposite side of the field, increasing total seating capacity to 3,000. In addition, the facility includes a new state of the art press box and enhanced sound system while Sweeney Field's turf and track were updated in 2015.

FAIRMOUNT PARK

One of the largest municipal parks in the United States, **Fairmount Park** includes several excellent training venues for Saint Joseph's runners. The Hawks benefit from the use of the Wissahickon Trail, Belmont Plateau, and both Martin Luther King, Jr. and Kelly Drives (also known as West and East River Drives, respectively). All are just minutes away from Hawk Hill and are among the most favored spots for Philadelphia's running community. The Belmont Plateau at Fairmount Park serves as SJU cross country's home course. It is Philadelphia's primary high school and college cross country course and is considered one of the most challenging in the country.



KEVIN QUINN '62 TRACK



The track at Saint Joseph's University was named the be named the **Kevin Quinn '62 Track**, after longtime track and field coach Kevin Quinn, and was officially dedicated on September 23, 2017.

A 1962 graduate of Saint Joseph's, Quinn served as the head coach of the men's cross country and track squads for 22 years between 1966-1988. He added the women's track and field and cross country programs to his head coaching duties in 1985 and wrapped up his 30th season with the women's program in May 2015.

In July of 1989, Quinn was appointed to the position of assistant athletic director for facilities and was promoted to associate athletic director for facilities in 2001. Quinn also held the title of the director of track and field from 1966-2013.

In a total of 147 men's and women's cross country, indoor track, and outdoor track seasons that spanned 49 years, Quinn coached 40 NCAA qualifiers, nine NCAA All-Americans, and 10 ECAC/IC4A champions, as well as Saint Joseph's only NCAA champion, Donna Crumety, who claimed the 1991 title in the triple jump. Quinn coached 15 NCAA Track and Field Championships indoor qualifiers along with four Academic All-Americans, 11 Academic All-District selections and 50 Atlantic10 Academic All-Conference selections, including the 2001 A-10 Student Athlete of the Year, Gina Bundy.

In 30 years with the Saint Joseph's women's track and field and cross country programs, Quinn coached five NCAA All-Americans and 14 NCAA qualifiers, five ECAC champions, 87 track champions, and 31 All-Conference cross country selections in the Atlantic 10, including nine A-10 Performers of the Year and one A-10 Rookie of the Year.

Quinn led the Saint Joseph's cross country and track and field programs to great heights during his tenure. His men's cross country squads won two Big 5 titles, while the 1984 men's track team turned in a seventh-place finish at the IC4A Championships. A two-time Atlantic 10 Women's Cross Country Coach of the Year, Quinn coached the 1993 and 2000 squads to the A-10 titles; the 1993 squad became the first women's athletic team at Saint Joseph's to claim an Atlantic 10 title.

In his 23 years with the Saint Joseph's men's track and field and cross country programs, Quinn coached four NCAA All-Americans and 26 NCAA qualifiers in addition to five IC4A champions.

An outstanding athlete in his own right, Quinn once held SJU records in the mile and two-mile runs and was the first American to cross the finish line of the 1961 IC4A Cross Country Championships, earning third overall. Quinn is a two-time MAC cross country individual champion, a two-time MAC mile champion and record holder, and a two-time NCAA qualifier in the mile. After graduating from Saint Joseph's, Quinn won the famed Berwick Marathon.

Quinn is a charter member of the Saint Joseph's Track Hall of Fame and a member of the Saint Joseph's Athletics Hall of Fame. He was also selected to the Middle Atlantic Conference Century 100 Cross Country Century Team in 2012 and the Middle Atlantic Conference Hall of Fame in 2017.





TRACK AND FIELD EVENT RECORDS



INDOOR RECORDS

EVENT	RECORD HOLDER(S)	TIME	YEAR
55m	Andria Smythe	7.03	2003
60m	Andria Smythe	7.58	2004
55m Hurdles	Stefani Zabilowicz	8.35	2011
60m Hurdles	Georgia Mason	8.76	2015
200m	Nicole McMullen	24.60	2009
300m	Nicole McMullen	40.63	2009
400m	Caroline Duffy	54.86	2019
500m	Dannah Hayward	1:13.96	2013
800m	Gabby Quezada	2:12.41	2000
1000m	Christine Kane	2:49.13	2000
1500m	Elaine McGillian	4:21.31	1986
Mile	Elaine McGillian	4:44.61	1986
3000m	Elaine McGillian	9:28.44	1986
5000m	Kelli O'Donnell	16:42.57	1988
High Jump	Claudine Andre	5' 9 1/4"	2018
Long Jump	Donna Crumety	19' 11 1/4"	1991
Triple Jump	Donna Crumety	42' 2"	1991
Shot Put	Gina Bundy	35' 9 1/4"	2000
Pentathlon	Kayla Charles	3,274 pts.	2013
4x200m Relay	J. Teuber, V. Ramirez,	1:43.53	2006
	K. Gold, A. Smythe		
4x400m Relay	K. Liebl , A. Minniti,	3:47.87	2017
	C. Foster, D. Hayward		
4x800m Relay	Ke. Rose, E. Slattery,	9:00.79	2011
	K. Casey, K. Andrews		
Distance Medley	E. Bracken , A. Minniti,	11:42.58	2017
	S. Regnault, C. Weimer		

OUTDOOR RECORDS

EVENT	RECORD HOLDER(S)	TIME	YEAR
100m	Andria Smythe	11.78	2004
100m Hurdles	Kayla Charles	14.31	2015
200m	Nathaniela Bourdeau ...	24.11	2018
400m	Caroline Duffy	54.41	2018
400m Hurdles	Dannah Hayward	59.89	2017
800m	Gabby Quezada	2:09.03	2001
1500m	Elaine McGillian	4:17.34	1986
Mile	Elaine McGillian	4:44.54	1986
3000m	Christine Kane	9:34.32	2000
5000m	Vicki Boyer	16:47.30	1993
10,000m	Jessica Di Cicco	35:42.56	2011
3000m Steeple	Maureen O'Donnell	10:32.58	2011
High Jump	Bernadette Speer	5' 9 1/2"	2000
Long Jump	Donna Crumety	20' 2"	1990
Triple Jump	Donna Crumety	44' 8 3/4"	1990
Javelin	Morgan Bower	136' 11"	2018
Shot Put	Sarah Fairbanks	40' 4.25"	2016
Discus	Sarah Fairbanks	133' 9"	2016
Heptathlon	Kayla Charles	4,562 pts.	2015
4x100m Relay	C. Duffy, K. Liebl,	46.63	2018
	A. Stokes, N. Bourdeau		
4x400m Relay	C. Duffy , A. Minniti,	3:43.33	2017
	C. Foster, D. Hayward		
4x800m Relay	C. Kane, L. Molyneux, ...	8:49.22	1998
	G. Quezada, N. Koslosky		
4x1500m Relay	L. Harmon, E. Bracken, ...	18:29.23	2018
	C. Weimer, L. Oremus		
4x100 Shuttle	F. D'Angelo, S. Zabilowicz, ..	1:00.31	2011
	S. Casey, J. Chen		
Sprint Medley	N. Bourdeau, C. Duffy, ...	3:59.00	2017
	C. Foster, S. Regnault		
Distance Medley	L. Reeser, M. Palmer, ...	11:36.62	1999
	G. Quezada, C. Kane		



Indoor Distance Medley recordholders

(L-R): Cassidy Weimer, Sarah Regnault, Angelena Minniti, Emily Bracken

Bold indicates current student-athlete



ALL-TIME ATLANTIC 10 CHAMPIONSHIP FINISHES



CROSS COUNTRY

YEAR	CHAMPION	SJU	ALL-CONFERENCE FINISH	YEAR	CHAMPION	SJU	ALL-CONFERENCE FINISH
2017	Dayton	10th	None	1997	Massachusetts	2nd	Jen Rafferty2nd
2016	Richmond	7th	Lindsey Oremus11th Cassidy Weimer12th	1996	Massachusetts	2nd	Liz Sweeney10th Meghan Busse4th Julie Hotard9th Liz Reeser10th
2015	Richmond	7th	None	1995	Massachusetts	2nd	<i>Sue Yagielski</i>1st Jenn Rafferty5th Patrice Gallagher7th
2014	Duquesne	13th	None	1994	West Virginia	2nd	Sue Yagielski3rd Stephanie Hopkins4th Patrice Gallagher6th
2013	Duquesne	6th	Lizzy Barrett12th	1993	<i>Saint Joseph's</i>	1st	<i>Vicki Boyer</i>1st Stephanie Hopkins4th
2012	Butler	8th	Emma Slattery8th	1992	Massachusetts	5th	Vicki Boyer3rd Siobhan Flynn8th
2011	La Salle	5th	Hannah Fuller15th	1991	Massachusetts	5th	Vicki Boyer2nd
2010	Richmond	9th	None	1990	Penn State	4th	Lisa Syvertson2nd
2009	Dayton	7th	None	1989	Penn State	4th	Lisa Syvertson3rd Kelli O'Donnell8th
2008	Richmond	8th	None				
2007	La Salle	8th	Andrea Florida12th				
2006	La Salle	7th	Andrea Florida13th				
2005	La Salle	7th	Andrea Florida14th				
2004	La Salle	6th	None				
2003	Richmond	5th	Colleen Flanagan10th				
2002	La Salle	4th	Ann Regan9th				
2001	La Salle	5th	None				
2000	<i>Saint Joseph's</i>	1st	<i>Christine Kane</i>1st Gabby Quezada9th				
1999	Massachusetts	4th	Christine Kane1st				
1998	Massachusetts	5th	Christine Kane4th				

Bold indicates current student-athlete
Italics indicates Atlantic 10 champion

ATLANTIC 10 CROSS COUNTRY INDIVIDUAL CHAMPIONS



Vicky Boyer



Sue Yagielski



Christine Kane



ALL-TIME ATLANTIC 10 CHAMPIONSHIP FINISHES



INDOOR TRACK

YEAR	CHAMPION	SJU	SJU CHAMPIONS	EVENT
2018	VCU	9th	Claudine Andre	Hi. Jump
2017	VCU	8th	None	
2016	Massachusetts	7th	Sarah Regnault	1000m
2015	VCU	8th	None	
2014	George Mason	11th	None	
2013	Dayton	14th	None	
2012	Charlotte	12th	None	
2011	Dayton	10th	S. Walker, E. Slattery, . . .	4x800m
			K. Rose, K. Andrews	
2010	Charlotte	T-8th	Kristin Andrews	500m
2009	Charlotte	11th	None	
2008	Charlotte	8th	None	
2007	Charlotte	9th	None	
2006	Charlotte	3rd	Andria Smythe	Lo. Jump
			Thuy Nguyen	800m
2005	Rhode Island	9th	None	
2004	Rhode Island	3rd	Andria Smythe	55m
			Thuy Nguyen	800m
2003	Richmond	4th	Thuy Nguyen	500m
			Sarah Conway	800m
2002	Rhode Island	8th	Bernadette Speer	Hi. Jump
			Maisha Tyler	Lo. Jump
2001	Rhode Island	4th	Christine Kane	Mile
			Bernadette Speer	Hi. Jump
			Christine Kane	3000m
			Maisha Tyler	Lo. Jump
			Gina Bundy	Tri. Jump
2000	Rhode Island	7th	Bernadette Speer	Hi. Jump
1999	Virginia Tech	4th	Gabby Quezada	800m
			N. Warriner, L. Reeser, . . .	4x800m
			C. Kane, G. Quezada	
			Gina Bundy	Tri. Jump
1998	Massachusetts	5th	Amy Martin	5000m
			N. Warriner, L. Reeser . . .	4x800m
			C. Kane, G. Quezada	
1997	Virginia Tech	4th	Nicole Koslosky	1000m
			A. Foreman, S. Burgin, . . .	4x800m
			L. Reeser, N. Koslosky	
1996	Massachusetts	5th	Sue Yagielski	5000m
1995	West Virginia	6th	Missy Henshaw	1000m
			N. Koslosky, A. Foreman, . . .	4x800m
			S. Hopkins, Patr. Gallagher	
1994	Canceled due to weather			
1993	West Virginia	3rd	S. Hopkins, McLaughlin, . . .	4x800m
			S. Yagielski, Patr. Gallagher	
			Donna Crumety	Lo. Jump
			Donna Crumety	Tri. Jump

OUTDOOR TRACK

YEAR	CHAMPION	SJU	SJU CHAMPIONS	EVENT
2018		7th	Claudine Andre	Hi. Jump
			Nathaniela Bourdeau . . .	100m
			Nathaniela Bourdeau . . .	200m
2017	George Mason	7th	Nathaniela Bourdeau . . .	100m
			Nathaniela Bourdeau . . .	200m
2016	VCU	9th	Dannah Hayward	400H
2015	George Mason	9th	None	
2014	George Mason	11th	None	
2013	Charlotte	13th	None	
2012	Charlotte	12th	None	
2011	Charlotte	9th	None	
2010	Temple	12th	None	
2009	Charlotte	8th	None	
2008	Charlotte	8th	None	
2007	Charlotte	8th	None	
2006	Charlotte	10th	None	
2005	Rhode Island	9th	None	
2004	Rhode Island	5th	Andria Smythe	100m
			Thuy Nguyen	800m
			Andria Smythe	Lo. Jump
			Sarah Click	Hi. Jump
			M. Crossin, R. Powell, . . .	4x800m
			K. Victory, T. Nguyen	
2003	Rhode Island	7th	Sarah Conway	800m
			M. Crossin, K. Victory, . . .	4x800m
			T. Nguyen, S. Conway	
2002	Rhode Island	8th	Bernadette Speer	Hi. Jump
			Maisha Tyler	Lo. Jump
2001	Massachusetts	3rd	Christine Kane	3000m
			Gina Bundy	Hi. Jump
			Maisha Tyler	Lo. Jump
			Gina Bundy	Hi. Jump
			Gina Bundy	Heptathlon
2000	Virginia Tech	5th	Christine Kane	1500m
			Christine Kane	3000m
			G. Quezada, S. Conway, . . .	4x800m
			N. Warriner, C. Kane	
			Bernadette Speer	Hi. Jump
1999	Massachusetts	4th	Christine Kane	1500m
			Christine Kane	3000m
			Meghan Busse	10,000m
			L. Reeser, N. Warriner, . . .	4x800m
			C. Kane, G. Quezada	
			Bernadette Speer	Hi. Jump
1998	Virginia Tech	7th	C. Kane, L. Molyneux . . .	4x800m
			L. Reeser, N. Koslosky	
1997	Virginia Tech	7th	Meghan Busse	5000m

Bold indicates current student-athlete



ALL-TIME ECAC TRACK AND FIELD SCORERS



INDOOR SCORERS

CHAMPIONS

YEAR	NAME	EVENT
1986	Elanie McGillian	1500m
1989	Donna Crumety	Triple Jump
1991	Donna Crumety	Triple Jump
2017	Courtney Foster	400m
2018	Claudine Andre	High Jump

YEAR	NAME	EVENT	FINISH
2019	Caroline Duffy	400m	.6th
2018	Claudine Andre	High Jump	.1st
	L. Harmon, C. Duffy, E. Bracken, L. Oremus C. Duffy, K. Hess, K. Liebl, S. Toland	Distance Medley	.7th
		4x400m Relay	.8th
2017	Courtney Foster	400m	.1st
	E. Bracken, A. Minniti, S. Regnault, C. Weimer	Distance Medley	.2nd
	Claudine Andre	High Jump	.T-4th
2016	Claudine Andre	High Jump	.5th
	Dannah Hayward	500m	.6th
	L. Hehir, C. Foster, S. Regnault, S. Coughlin	Distance Medley	.7th
2013	Lizzy Barrett	Mile	.7th
	Dannah Hayward	500m	.8th
2012	S. Walker, K. Pratt, K. Rose, E. Slattery	4x800m Relay	.6th
2011	Maureen O'Donnell	5000m	.6th
	Kristen Andrews	800m	.8th
	K. Rose, E. Slattery, K. Casey, K. Andrews	4x800m Relay	.6th
2010	A. Casey, K. Rose, K. Casey, S. Walker	4x800m Relay	.7th
2004	Andria Smythe	60m	.7th
2003	Andria Smythe	60m	.3rd
	K. Victory, M. Crossin, T. Nguyen, S. Conway	4x800m Relay	.8th
2000	Gina Bundy	Triple Jump	.3rd
	Christine Kane	Mile	.6th
	Bernadette Speer	High Jump	.7th
1999	Christine Kane	Mile	.5th
	Gina Bundy	Triple Jump	.5th
1998	Christine Kane	1000m	.4th
	G. Quezada, L. Reeser, L. Molyneux, N. Koslosky	4x800m Relay	.6th
1995	Sue Yagielski	5000m	.2nd
	M. Henshaw, N. Koslosky, A. Foreman, L. Reeser	4x800m Relay	.4th

YEAR	NAME	EVENT	FINISH
1994	Sue Yagielski	3000m	.6th
1993	Vicki Boyer	3000m	.2nd
	L. Davis, S. Hopkins, S. Yagielski, Patr. Gallagher	4x800m Relay	.6th
	S. Yagielski, T. Gresko, Patr. Gallagher, S. Flynn	Distance Medley	.8th
1992	S. Flynn, S. DeRafelo, R. McLaughlin, C. Geraghty	Distance Medley	.8th
1991	Donna Crumety	Triple Jump	.1st
1989	Donna Crumety	Triple Jump	.1st
	Donna Crumety	Long Jump	.4th
1988	Kelli O'Donnell	5000m	.3rd
	Dinae Rafferty	Mile	.5th
1987	D. Cody, C. Kelly, D. McManus, K. Delaney	Distance Medley	.6th
1986	Elanie McGillian	1500m	.1st
	Elaine McGillian	3000m	.4th
	Karen Delaney	1000m	.6th

Bold indicates current student-athlete



Dannah Hayward is the only Hawk in program history to score in the indoor 500m at the ECAC Indoor Track and Field Championships; she accomplished the feat twice.



ALL-TIME ECAC TRACK AND FIELD SCORERS



OUTDOOR SCORERS

CHAMPIONS

YEAR	NAME	EVENT
1990	Donna Crumety	Triple Jump
1991	Donna Crumety	Triple Jump

YEAR	NAME	EVENT	FINISH
2018	Claudine Andre	High Jump	.2nd
	Claudine Andre	Long Jump	.7th
	C. Weimer, M. Maguire , L. Harmon , E. Bracken	4x800m Relay	.8th
2017	C. Duffy , A. Minniti, C. Foster, D. Hayward	4x400m Relay	.3rd
	Caroline Duffy	200m	.7th
	A. Stokes , C. Duffy , K. Liebl , N. Bourdeau	4x100m Relay	.8th
2016	Dannah Hayward	400m Hurdles	.6th
	K. Koss, C. Foster, S. Toland, D. Hayward	4x400m Relay	.6th
	S. Regnault, S. Coughlin, C. Weimer, K. Moylan	4x800m Relay	.6th
	Claudine Andre	High Jump	.6th
2013	Dannah Hayward	400m Hurdles	.7th
2012	E. Slattery, L. Barrett, S. Walker, K. Rose	4x800m Relay	.6th
	2011	K. Rose, A. Casey, E. Slattery, K. Andrews	4x800m Relay

YEAR	NAME	EVENT	FINISH
2004	Andria Smythe	100m	.4th
	M. Crossin, R. Powell K. Victory, T. Nguyen	4x800m Relay	.8th
	2002	Maisha Tyler	Long Jump
2001	Christine Kane	1500m	.4th
	Bernadette Speer	High Jump	.7th
2000	Christine Kane	3000m	.6th
	Bernadette Speer	High Jump	.7th
1999	Gina Bundy	Triple Jump	.5th
	Christine Kane	1500m	.7th
1998	L. Molyneux, N. Warriner, G. Quezada, N. Koslosky	4x800m Relay	.7th
	1996	Sue Yagielski	5000m
1994	L. Davis, M. Henshaw, S. Hopkins, Patr. Gallagher	4x800m Relay	.5th
	1991	Donna Crumety	Triple Jump
1990		Donna Crumety	Triple Jump
	Donna Crumety	Long Jump	.3rd
	1989	Donna Crumety	Triple Jump
1988	Dinae Rafferty	3000m	.4th
	1987	C. Kelly, D. Cody, D. McManus, D. Rafferty	4x800m Relay
1986		Karen Delaney	5000m
1985	E. McGillian, D. Cody, C. Fitzgerald, D. Rafferty	4x800m Relay	.6th

Bold indicates current student-athlete



Claudine Andre scored twice in the high jump at the ECAC Outdoor Track and Field Championships, finishing sixth as a freshman and second as a senior.



ALL-TIME NCAA QUALIFIERS ALL-AMERICANS



CROSS COUNTRY QUALIFIERS

YEAR	QUALIFIER	PLACE
1985	Elaine McGillian	63rd
1995	Sue Yagielski	60th
1998	Christine Kane	73rd
1999	Christine Kane	76th
2000	Christine Kane	57th

INDOOR TRACK QUALIFIERS

YEAR	QUALIFIER	EVENT	PLACE
1986	Elaine McGillian	Mile run (All-American)6th
1989	Donna Crumety	Triple jump	—
1991	Donna Crumety	Triple jump (All-American)5th
1993	Vicki Boyer	3000 meters	—
2000	Christine Kane	Mile run	—

OUTDOOR TRACK QUALIFIERS

YEAR	QUALIFIER	EVENT	PLACE
1986	Elaine McGillian	1500 meters (All-American)11th
1990	Donna Crumety	Triple jump (All-American)2nd
1991	Donna Crumety	Triple jump (National Champion)1st
2000	Christine Kane	1500 meters	—

ALL-AMERICAN

ELAINE MCGILLIAN

Elaine McGillian was Saint Joseph's first All-American in women's track and field, where she placed sixth in the mile at the 1986 NCAA Indoor Track Championships and 11th in the 1500 meter run at the 1986 NCAA Outdoor Championships. McGillian set eight individual school records during her career and still owns three indoor track records (1500 meters, mile, 3000 meters) and two outdoor marks (1500 meters, mile). McGillian also qualified for the 1985 NCAA Cross Country Championship and placed 63rd overall.



NCAA CHAMPION & ALL-AMERICAN

DONNA CRUMETY

Donna Crumety remains the only athlete in Saint Joseph's University history to win an NCAA Championship, winning the triple jump at the 1991 Outdoor Championships. Crumety had previously placed fifth in the triple jump at the 1990 NCAA Indoor Championships and second in the triple jump at the 1990 NCAA Outdoor Championships. Crumety still holds the indoor and outdoor records in the long jump and triple jump.

1991 NCAA CHAMPION
DONNA CRUMETY
TRIPLE JUMP 44 FT.





ACADEMIC HONORS

SJU TRACK HALL OF FAME



ACADEMIC ALL-AMERICAN



Vicki Boyer

1993 - Second Team
1994 - First Team



Sue Yagielski

1996 - Third Team



Gina Bundy

2001 - Second Team

ACADEMIC ALL-DISTRICT

2014Katie Pratt
.....First Team
2014Emma Slattery
.....First Team
2014Mercedes Yanora
.....First Team
2013Emma Slattery
.....First Team
2003Sarah Conway
.....Second Team
2002Bernadette Speer
.....Second Team

2001Gina Bundy
.....First Team
2001Bernadette Speer
.....Second Team
1996Sue Yagielski
.....First Team
1994Vicki Boyer
.....First Team
1993Vicki Boyer
.....First Team

SJU TRACK HALL OF FAME

Member	Inducted	Member	Inducted
Joe Abrams	2000	Ed Mather	2002
Steve Ave	1998	Elaine McGillian Van Blunk	1991
Jim Baldwin	2002	Frank McLaughlin	1975
George Bertelsman	1980	Joe McLaughlin	1976
Mike Black	1977	Vic Monkiewicz	1984
Greg Bloom	1997	Tarik Moody	2006
Vicki Boyer	2002	Jim Morris	2002
John Brand	1980	Thuy Nguyen	2013
Gina Bundy	2010	Lou Nicastro	2001
Meghan Busse	2005	Ed Nichols	1978
Matt Byrne	2009	Jim Norris	1992
Al Connelly	2008	Jim O'Donnell	1978
John Crooke	1997	Kelli O'Donnell Twomey	2001
Donna Crumety Stewart	1999	Vince Papale	1979
Dave Cuneo	1988	Gabby Quezada	2009
John Cunningham	1976	Kevin Quinn	1975
Karen Delaney Wheeler	1998	Dinae Rafferty Norris	2000
Mike Diorka	2003	Joe Reilly	1981
Bob Doman	2005	Doug Rick	2016
Bob Farrell	2007	Brian Rosetti	2014
Greg Floyd	2006	Karl Savage	2007
Patrice Gallagher	2006	Bob Schuenemann	1979
Jim Gavaghan	1976	James Scott	2010
Joe Genther	1986	Joseph Sloan	1977
Euclid Gibson	1990	Andria Smythe	2012
Mike Glavin	1983	Mickey Solujich	1997
Chris Green	2002	Bernadette Speer	2008
Bob Hagarty	2002	Bill Super	2008
Stephanie Hopkins Muntzer	2006	Lisa Syvertson Shanahan	2004
Bob Jackson	2004	Andrew Thomas	2012
Christine Kane O'Connell	2007	Pete Toughill	2008
Charles Kelly	1999	Jim Tozar	1977
John Kelly	1975	Steve Trombetta	2001
Lou Kelly	1987	Maisha Tyler	2016
Ben Koch	2013	Jim Van Blunk	1989
Nicole Koslosky	2014	Dave Van Dusen	1999
Ed Lennex	1979	Sue Yagielski	2003
John Lieb	1978		
Fred Maglione	1982	Bold Indicates member of	
Ron Manion	1985	SJU Athletics Hall of Fame	

ATLANTIC 10 ALL-ACADEMIC

CROSS COUNTRY

2012Emma Slattery
2007Andrea Florida
2000Christine Kane
1995Sue Yagielski
1994Sue Yagielski
1993Siobhan Flynn
1992Vicki Boyer
1992Siobhan Flynn
1991Vicki Boyer
1991Lori Heywood

1994Vicki Boyer
1994Stephanie Hopkins
1994Sue Yagielski
1993Vicki Boyer
1993Siobhan Flynn
1993Stephanie Hopkins
1993Rachel McLaughlin

INDOOR TRACK

2018**Caroline Duffy**
2008Amy Rhein
2008Andrea Florida
2004Mary Crossin
2003Sarah Conway
2002Mary Korfmacher
2002Bernadette Speer
2001Gina Bundy
2001Christine Kane
2001Bernadette Speer
2001Bernadette Speer
2000Bernadette Speer
1999Bernadette Speer
1998Meghan Busse
1998Amy Martin
1996Sue Yagielski
1995Patrice Gallagher
1995Stephanie Hopkins
1995Sue Yagielski

OUTDOOR TRACK

2008Laura Coyer
2008Amy Rhein
2007Erin Kelly
2006Andria Smythe
2005Andria Smythe
2004Mary Crossin
2003Sarah Conway
2002Mary Korfmacher
2002Bernadette Speer
2001Gina Bundy
2001Christine Kane
2001Gabby Quezada
2001Bernadette Speer
2000Bernadette Speer
1999Meghan Busse
1999Bernadette Speer
1998Amy Martin

Bold indicates current student-athlete



ALL-TIME ROSTER



A

Francesca Alexander . . .2005-06
 Katelyn Ambrose2015-17
 Joan Ambrosia1992-93
 Kristin Amey1988-90
 Claudine Andre2014-18
 Kristin Andrews2007-11
 Diana Anhalt1987-89
 Margaret Ashton1984-85
 Michelle Autry1987-88

B

Theresa Badolato2003-04
 Lauren Bair1999-00
 Adrinna Bamber1998
 Lizzy Barrett2010-14
 Katie Barrett2008-12
Rose Barrett2016-Present
 Catherine Bartoli1998
 Amy Bashore1999-00
 Gabriella Becattini2011-15
 Maddie Bell2003-07
 Adriene Beltz2004-08
 Carolyn Bieganousky . . .2007-10
 Erin Blaustein2000-04
Nathaniela Bourdeau . .2015-Present
Tamar Bourdeau . .2016-Present
Morgan Bower . . .2018-Present
 Hannah Boyce2009-13
 Vicki Boyer1991-94
 Jane Bradigan1983-84
Emily Bracken2016-Present
 Yvonne Bradley1983-84
 Trish Brady1989-90
 Christina Brenner2006
 Angela Bridy1983-85
 Sara Bright2000-02
 Allison Bringham1999
 Karen Brooks1984-87
Cornelia Brower . .2017-Present
 Hannah Brown2010-13
 Gina Bundy1997-01
 Stephanie Burgin1993-97
 Anne Marie Burke1986-89
 Margy Burke1986-87
 Megan Burkhardt1994-97
 Meghan Busse1996-99
 Michele Butterworth . . .1988-91

C

Karly Cahill2008-12
 Tracyann Calabrese . . .2007-09
 Catherine Calimer1991-94
 Anna Casey2008-12
 Kathleen Casey2008-11
 Shannon Casey2010-12
 Lisa Ceppetelli1987-90
 Emily Chappell2010-13
 Kayla Charles2011-15
 Emily Chaundy2012-16
 Amy Chegwidden2007-11

Jessica Chen2007-11
 Lisa Chen2010-14
 June Chiango2014-17
 Philomena Chiorazzi . . .1991-94
 Emily Choromanski2000-02
 Meghan Clancy1997-01
 Bridget Clarke1996-97
Emily Clayton2016-Present
 Sarah Click2000-04
 Colleen Cloran1982-83
 Dawn Cody1984-87
 Emily Coldren2008-12
 Kathryn Cols2012-16
 Lea Costanza1982-83
 Katie Connors1999
 Sarah Conway1999-03
 Niki Cooper1992-93
 Yasmin Copeland2000-04
 Sydney Coughlin2013-18
 Aarynn Crawley2014-18
 Stacey Cronin2003-05
 Mary Crossin2001-05
 Donna Crumety1989-93
 Nicole Cusanelli1989-92
 Annie Cushing2006-09
 Colleen Cusick2008

D

Francesca D'Angelo2009-13
 Lisa Davis1991-94
 Mollie Davis1995-98
 Karen Delaney1985-88
Elizabeth Del Rio . .2015-Present
 Jenna DeAngelo2012-16
 Natalie DeFelice1998-00
 Marcy De Lorenzo2002-06
 Alessandra DeMarco . . .2004-06
 Sue DeRafelo1990-93
Joanna DeSousa . .2016-Present
 Jessica Di Cicco2007-11
 Terri DiMartini1995-98
 Tess Doggett2012-15
 Jessica Dolfi1999
Julia Donahue2015-Present
 Sarah Donahue2009-10
 Melissa Donnelly2012-15
 Kristen Donovan1999
 Maureen Dougherty . . .1984-86
 Pam Dougherty1983-86
 Patty Doyle1985-88
Caroline Duffy . . .2016-Present
 Jazmin Dunlap2012
 Bridget Dunn1999
 Nia Dupiche2014-17
 Kelly Ann Durham1989-90

E

Alex Edger2014-18
 Kaitlyn Edmonds2011-12
Elaine Estes2015-Present
 Alicia Ezekiel-Pipkin . . .2014-17

F

Mary Ellen Faehner1987-88
 Sarah Fairbanks2016
 Laura Faller2007-11
 Dotty Farrell1988-89
 Nicole Feller1990-93
 Caroline Feola2016-18
 Denise Fergus1998-02
 Alexandra Fiesel2013-17
 Lauren Fike2005-06
 Lena Finucane2009-13
 Cathy Fitzgerald1983-86
 Colleen Flanagan2001-05
 Kelly Fleming1999-01
 Andrea Florida2005-09
 Siobhan Flynn1991-94
 Ali Foreman1994-97
Alicia Forrest2017-Present
 Christine Foster1994-97
 Courtney Foster2013-17
 Lori Freebery1990
 Avé French1993-96
 Jen French1992-93
 Hannah Fuller2010-14

G

Britton Gagliardi . .2015-Present
 Meghan Gallagher2001-05
 Patrice Gallagher1993-96
 Patty Gallagher1987-88
 Janice Geary1995
 Shannon Geddes2009-13
 Meredith George1990-92
 Carmel Geraghty1991-94
 Ashley Gerald2013-17
 Beth Getty2006-10
 Erin Giampietro2012-14
 Melissa Gilbert1995-97
 Brooke Gilliford1998-02
 Gina Giordano2002-05
 Kristen Gold2005-06
Alexa Gostovich . .2017-Present
 Mia Greer2010-14
 Jane Gresko1986-88
 Trish Gresko1991-94
 Katie Gross2013-17
 Amanda Guthridge2003-07

H

Carolyn Haggerty2009-10
 Meri Hall1993-94
Lucy Harmon2015-Present
 Dawn Harris1992-95
 Dannah Hayward2012-17
 Lauren Hehir2012-16
 Chris Hellenbrand1985-86
 Missy Henshaw1993-96
 Christina Hertzler1993-95
Karley Hess2016-Present
 Lori Heywood1990-93

Monica Higgins . . .2016-Present
 Katie Hoban2002-05
 Stephanie Hopkins1990-95
 Emily Horton2000-02
 Julie Hotard1997-98
 Jen Hughes1989-92
 Brianna Hunt2011-16

I

Margarita Ireland1984-86

J

Molly Jacobs2017-Present
 Erin James2010-14
 Jenna James1997-00
 Jill Jarosz1990-91
 Julia Jenkins2014-17
 Regina Johnson1993-95

K

Christine Kane1997-01
 Jen Keefe1990-93
 Caroline Keegan2014-18
 Carolyn Kelly1984-87
 Deirdre Kelly1985-89
 Erin Kelly2003-07
 Margaret Kelly1987-90
 Amanda Kimmel1992-93
 Rachel Kline2013-16
 Jessica Knobloch2015-17
 Jaclyn Kogut2010-14
 Mary Korfmacher1998-02
 Nicole Koslosky1995-98
 Katie Koss2013-17

L

Erica Lacovara-Switzer . .2001-02
 Colleen Ladden2001-05
 Titi Lakeru1987-88
 Beth Lambright2008-12
 Mary Pat Law1983-85
 Lisa LaMela2002-05
 Julie Lentz2003-07
Kelly Liebl2015-Present
 Katie Limbach2001-02
 Sarah Limbach2003-05
 Marianne Longacre1985-86

M

Katelyn MacCready2005-06
Maggie Maguire . .2016-Present
 Maggie Malloy2015-17
 Lauren Manfredi2003-04
 Keyne Mansfield1992-93
 Amy Manwaring2000-04
 Julie Manzella1998
 Anne Marshall2002-04
 Amy Martin1995-97
 Kayla Martin2017-18



ALL-TIME ROSTER



Georgia Mason2011-15
 Morgan Matecki2006-10
Samantha Mayers . .2016-Present
 Katherine McBeth1982-83
 Kelly McCarthy1999
 Julie McClatchy1997-98
Abigail McGann . .2016-Present
 Elaine McGillian1983-86
 Taryn McGouldrick1997-00
 Carly McGowan2012-16
 Kristen McGrail1999
 Caitlin McGrath2006-10
Erin McGuire2015-Present
 Suzie McHenry2003-07
 Kimberly McIntyre1998-99
 Kim McKeon2002-05
 Rachel McLaughlin1991-93
 Cammy McManus1983-85
 Danielle McManus1987-90
 Nicole McMullen2006-10
 Stephanie McMullen1996-99
Bridget McNierney . .2015-Present
 Erin McQuilkin1999
 Chelsea Mercurio2012-13
 Janna Merkins1992-95
 Natalie Miller2005-09
 Angelena Minniti2013-17
 Meg Mitchell1988-89
 Lauren Molyneux1995-97
 Maria Montero1997
 Carly Montgomery2014-17
 Mary Beth Moore1992-93
 Melissa Morley2001-02
 Christina Morelli2007-11
 Sue Moss1984-87
Maggie Moyer2017-Present
 Kiersten Moylan2013-17
 Laura Mulhare1987-88
 Kate Mulligan1990-93
 Nicole Muraro1989-91
 Janiece Murray2015-18
 Jen Murray1993-96

N

Meryl Nash2003-04
Thi Nguyen2017-Present
 Thuy Nguyen2002-06
 Nohjay Nimpson2007-11

O

Rose O'Brien2014-18
 Kathy O'Connell1986-89
 Darcy O'Conner2010-14
 Erin O'Donnell2001-05
 Kelli O'Donnell1985-89
 Kim O'Donnell1997-00
 Maureen O'Donnell2009-14
 Megan O'Dowd2014-18
 Meghan O'Keefe2013-15
 Paige O'Neill2010-14
 Diane Olejnik1984-85

Lindsey Oremus . .2015-Present
 Danielle Osborne2009-12
 Taylor Oskowiak2011-14
 Lisa Owens1984-87

P

Maisha Palmer1996-99
 Marian Passaro1984-86
Morgan Patten . . .2017-Present
 Judy Peitz1983-84
 Katie Pencek2005-09
 Meredith Perry1999
 Samantha Peters2008-12
 Kayla Pflieger2017-18
 Katie Piazzaa2009-10
 Kristen Pierce2006-10
 Jacqueline Pignataro2013-15
 Danielle Plenzo2007
Claire Podles2017-Present
 Kati Polaski2011-15
 Rebecca Powell2003-07
 Katie Pratt2010-14
 Lynn Puzzo2002-06

Q

Gabby Quezada1997-01
 Cara Quinn2006-10
 Kierstin Quinn2006-10

R

Sara Radzvilka2012-16
 Dinae Rafferty1985-88
 Jen Rafferty1995-99
 Emely Ramirez2013-17
 Krista Ramirez2001-02
 Valerie Ramirez2003-07
Sara Rankin2015-Present
 Skylar Rea2005-09
 Genevieve Reardon2009-10
Sophia Recchilungo . .2016-Present
 Liz Reeser1996-99
 Ann Regan2002-06
 Sarah Regnault2013-17
 Caitlin Reusche2006-09
 Amy Rhein2005-09
 Tammy Roberts1984-85
 Regina Robinson1988-89
 Kelsey Rose2008-12
 Kim Rose1998-99
 Rachel Royer1990-91
 Marina Rufo2012-15
 Genevieve Ruppel2009-13
 Bonnie Rymanski1995-96

S

Danielle Salvia1997-00
 Amanda Samok1999
 Lyndsey Sample2010-12
 Mary Scanlon1992-93
Emily Schaeffer . .2016-Present

Katherine Schott2006-07
 Samantha Seitter2006-08
 Nicolette Sifontis1993-94
Abigail Silva2017-Present
 Theresa Skellan1982-83
 Lauren Slack2005-09
 Emma Slattery2010-14
 Allison Smith2008-12
 Andria Smythe2002-05
 Angela Sorge1995-97
Samantha Spallanzani . .2016-Present
 Renee Spangler2003-07
 Bernadette Speer1997-02
 Meg Stack1988-89
Tori Stembridge . .2017-Present
 Juli Stensland2005-09
 Ann Stewart1989-90
 Samantha Stockman1994-95
Aliyah Stokes2016-Present
 Genevieve Story2002-07
 Liz Sweeney1997-00
 Lisa Syvertson1988-91

T

Jordan Teuber2004-08
 Nikki Thiemann2000-02
 Kate Timothy2001-02
 Steph Toland2014-18
 Tiffany Trenner1989-90
 Jackie Twomey2001-05
 Kelli Twomey1989-90
Meridith Twomey . .2016-Present
 Maisha Tyler2000-04

U

Michaela Urbach . .2016-Present

V

Gina Valore2011-12
 Erin Vanderhoof2006-10
 Michele Verrekia1990-93
 Kelly Victory2001-05

W

Sara Walker2009-13
 Lauren Wallace2004-08
 Lauren Walsh2005-09
 Susan Walsh1994-96
 Andrea Warren2014-17
 Nadia Warriner1997-00
 Bridget Watts1992-93
 Karen Weber2000-04
 Cassidy Weimer2014-18
 Liz Welsh2008-12
 Lauren Wenzel2008-12
 Alana Whitmarsh2012-14
 Melissa Wilbeck1997-01
 Ashley Williams2008-12
 Ariana Wilson2014-17
 Sandy Wright1990-91

Megan Wynne1999-03

Y

Sue Yagielski1993-96
 Mercedes Yanora2010-14

Z

Stefani Zabilowicz2008-12

Current athletes in **Bold**

Roster includes letterwinners who competed prior to the 2018-19 season.

ADMINISTRATION THE HAWK



Mark C. Reed, Ed.D.
University President



Jill Bodensteiner
Athletic Director

ATHLETIC DIRECTORY

Athletic Director	Jill Bodensteiner
.....	610-660-1707
Senior Associate Vice President/Athletic Business Affairs	Jim Brown
.....	610-660-1726
Associate Vice President/Athletic Development	Katie Shields
.....	610-660-1231
Associate Athletic Director/Varsity Programs	Renie Shields
.....	610-660-2584
Associate Athletic Director/Facilities	Al Pendleton
.....	610-660-3292
Associate Athletic Director/Marketing & Corporate Partnerships	Tim Curran
.....	610-660-1702
Associate Athletic Director/Communications	Marie Wozniak
.....	610-660-1727
Assistant Athletic Director/Recreation & Intramurals	Corey Shannon
.....	610-660-3052
Assistant Athletic Director/Facilities	Joe DeLacy
.....	610-660-1720
Director of Educational Support Services	Janet Greder
.....	610-660-1728
Director of Sports Medicine	Lori Sweeney
.....	610-660-1699
Assistant Director of Athletic Communications	Nikki Philpot
(Women's Track and Cross Country Contact)	610-660-2601
SID E-mail	nphilpot@sju.edu
Athletics Office	610-660-1707
Athletics Fax	610-660-1716



SAINT JOSEPH'S UNIVERSITY ATHLETICS MISSION STATEMENT

The Mission of the Athletics Department at Saint Joseph's University reflects the Mission of the University by using the programs within Athletics as a way to develop the whole person and preparing men and women for others.

- To educate the whole person by complementing the academic experience with athletic and recreational programs and activities outside the classroom.
- To create an environment for personal growth through openness, respect, and a concern for others.
- To communicate the value of community and family through team work and sportsmanship.
- To provide opportunities for students to learn self-discipline, responsibility, decision-making, and attainment of goals.
- To provide opportunities for students to participate and compete in a first-class manner.
- To provide equitable opportunities for all students and staff, including women and minorities.
- To advance the University regionally and nationally through intercollegiate athletics.

THE HAWK



One of the most famous mascots in college sports, the Saint Joseph's Hawk has been flapping its wings for more than half a century. The Hawk, which celebrated its golden anniversary in 2005-06, is best known for staying in constant motion by flapping its wings throughout every basketball game and representing the Saint Joseph's motto, "The Hawk Will Never Die."

Saint Joseph's athletic teams have been recognized with the nickname "Hawks" since 1929. At that time, the school's yearbook editor initiated a contest among the student body for a symbol. More than 100 submissions were narrowed, with "Hawks" winning out over "Grenadiers" by a slim margin. The name was appropriate because it typified "the fighting spirit of our crimson and gray athletes and it is suggestive of the aerial attack which has made our football team famous." Football, ironically, was discontinued at SJU following the 1939 season.

The Hawk mascot has garnered numerous accolades in its over 50-year history. It has been selected as the nation's top mascot by *The Sporting News*, *Sports Illustrated*, *Sports Illustrated for Kids*, *Street & Smith's Basketball Yearbook*, *ESPN College Basketball* magazine and was nominated for the Mascot Hall of Fame in 2008.